



# Apogee Communications Group

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## Heart Disease & Women - Set of 2 DVDs Vol 1 47min, Vol 2 48min

\$69.95



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Cardiovascular disease claims more women's lives than the next six causes of death combined, according to the American Heart Association. More than 500,000 women die each year of cardiovascular disease compared to more than 40,000 deaths from breast cancer. Heart disease can be prevented, detected, and treated by knowing your risk factors and developing a dialogue with your physician. Often, a change in exercise, eating habits and lifestyle can have an impact in preventing and treating of heart disease. **Heart Disease & Women- Awareness & Treatment** tells the stories of three healthy, active women who survived heart attacks and a stroke. The stories from the women and healthcare professionals show that no one is immune from heart disease. Every person appearing in the production has either saved a life or had their life saved. Many women believe eating correctly, exercising, and keeping their weight at healthy levels will prevent heart attacks. Many of the women in this DVD took all the healthy steps to prevent a heart attack yet they all suffered a heart attack. The women share their experiences with the viewer and show that sometimes even living a healthy lifestyle is not enough. Medical experts on heart disease in women discuss the factors of heart disease and tell the viewer how a heart attack can be prevented. Many women believe that heart disease and heart attacks occur in older men. This important DVD puts faces and personal stories of the women who survived a heart attack. **Heart Disease & Women - Awareness and**

**Treatment** is a must-have DVD for every woman, especially those with a family history of heart disease. Medical professionals stressed the knowledge of knowing about heart disease and how to prevent and treat the disease before a heart attack occurs. The DVD is broken into chapters and is ideal for schools, cardiologist offices, women's groups, hospitals, and the public to bring the awareness of heart disease in women to the forefront.

The signs and symptoms of a heart attack in women, sometimes, are different than those in men. Learn what the signs and symptoms of a heart attack are. The **Heart Disease & Women - Awareness & Treatment DVD** also follows a woman having a heart attack being treated in an emergency room and follows her to the cardiac catheterization lab where arteries were opened. See actual footage of the woman as she is being treated for a heart attack. The two DVD set also covers detection, prevention, and treatment of heart disease you will learn why exercise and diet are important in preventing and treating heart disease.

The information contained in **Heart Disease & Women - Awareness and Treatment** could save your life. The patient responsibility chapter shares the experience of patients, and medical professionals who provide care for women with heart disease. This award-winning DVD should be part of your video collection.

[Vendor Information](#)